Cyber Protect

(Advice for **parents and carers**)

Foreword

Children are using the internet from a young age so it is important to regularly monitor & discuss with your child what is appropriate online and to consider putting controls in place to protect them.

Remember: in an emergency call 999.

If you have concerns about a child's welfare please contact the police on 101.

Are you worried about online grooming? Visit:
www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/
www.internetmatters.org/issues/online-grooming/

Content

HOW CAN I PROTECT MY CHILD ONLINE?

- Digital Footprint
- Location Settings
- Parental Controls
- Router Restrictions
- Useful Websites

App Quiz

App Quiz

KIK

Private Photo
(Calculator%)

Hola

GroupME

byte!

Sarahah

Line

Tellonym

Yubo

Telegram

Wechat

Hoop

Polly

House party

Marco Polo

Periscope

Description of Apps

KIK – 17+ - Social networker connects with strangers, bots, websites.

Private Photo (Calculator%) – 4+ - This app is to hide images and videos and you need to enter a pin to access. Beware they are many different types of hidden calculators apps.

Hola – 17+ - The HOLA app is a random video chat app. Users must sign up with a Google or Facebook account. They are not asked to verify their age.

GroupME – 4+ - Send photos, videos, and calendar links. Adult themed GIFS + emojis.

byte! - ? - Upcoming app to replace Vine will be launched in Spring

Sarahah – 17+ Website + app where you can send anonymous comments and feedback to other . Banned on apple but can d/l on Google play

Line – 12+ - users to have hidden chats, make new friends, and build a social media network filled with cute stickers and avatars. It also gives users a free way to make calls and send texts. Strangers can easily contact kids. through the LINE app and LINE Play. If your student is using LINE, we recommend turning their “public user ID” to private, adding a passcode, and filtering messages from non-friends. The location settings should also be turned off

Tellonym – 17+ - Anonymous app lets you ask questions about each other.

Yubo – 13+ - Free social network that lets you connect and chat.   Users can swipe right on someone else’s profile to ‘like’ them, and swipe left to pass on to see other people’s profiles. You can direct message, video chat and livestream. Also based on location.

Telegram – 16+ - Messaging app where you can send messages, photos, videos and documents to your contacts, as well as creating chat of up to 200,000 people. All communications, including voice calls, are end-to-end encrypted.

Wechat – 13+ - It has multiple features, including text, audio and video chat, games and location sharing. WeChat also has a feature called time capsule, which, similar to Instagram stories, lets you share short videos for 24 hours.

Hoop-make new snap friends – 12+ - It is the same format as tinder you either swip yes to add them to your snapchat or no to decline. You need create a bio and put pictures up. They will be autmocally added if you both pick yes. At the moment location is not a factor.

polly- polls for snapchat – 13+ - The app suggests friends based on your phone's contact list and allows you to invite friends, create groups, or message friends directly. Users can add photos to their polls and add polls to their Snapchat Stories.

House party – 14+ - Houseparty is a video chat app that lets teens video chat with 2-8 people at the same time, Chat is not monitored

Marco Polo – 14+ - Is a video instant messaging app that encourages users to find their friends who already use the app by requesting access to the user’s phone contacts. Create videos

Periscope – 13+ - is a live video app (bought bt twitter) it allows users to watch and broadcast real time videos from their phones. It is unmonitored and is location based app.

Digital Footprint

A digital footprint is a trace of all your online activity. This could be posting on social media, visiting a website or sharing a photo. Regularly check and discuss with your child what is appropriate to share with others online.

Are social media accounts set to private?
This can be done via the app's settings.

Does your child's gamertag or username reveal their identity?
Make sure any online usernames do not contain your child's date of birth or their full name.

Location Settings

Smart devices and apps have the ability to track and share your location, making it visible to others. Turn off any feature that makes your child’s location visible to others.

Turn off location sharing.

Do this on smart devices and individual apps. Enable ‘Ghost Mode’ on Snapchat.

Don’t share your current location when posting on social media.

Some social media apps have a ‘check-in’ feature.

Parental Controls

There are a number of parental controls that put you in control of your child’s activity online. For example, this may be to control what content they see, or to restrict their ability to make purchases.

Block inappropriate content or comments.
This can be restricted by age appropriate recommendations or custom.

Is your child able to make purchases online?
You can restrict them from downloading apps or making purchases on their games console without your permission.

Altogether Better Policing

DURHAM

CYBER SAFETY

Router Restrictions

Did you know?

You can restrict certain types of content through your home router. You can also restrict Wi-Fi use i.e. make it unavailable after 9pm. Seek advice from your internet provider or via their website to enable these features.

What if something happens?

Capturing digital evidence

- Capture screenshots
- Don’t delete messages until they have been viewed by an officer
- If you are concerned about losing the evidence or concerned about your account being hacked, email messages/screenshots/call-logs to yourself or a trusted friend, or back up on a USB stick
- It is always best to capture evidence from the desktop version of the site (screenshots of apps don’t always give the full picture)
- When identifying a user on a social media site as being a suspect, ensure you capture the URL (eg www.facebook.com/Joe.Bloggs07782) as well as the profile details.
- If you have an iPhone you may also consider setting up screen
- recording on your phone. Enabling this feature will for example allow you to capture disappearing messages. However, please note that on Snapchat the sender will be notified that you are recording. For further information visit www.support.apple.com/en-gb/HT207935

Useful Websites

Here are a list of websites where you can find advice in more detail on the topics we have discussed.

DURHAM CONSTABULARY

Altogether Better Policing

DURHAM
CYBER SAFETY

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

IWF
Internet
Watch
Foundation

internet
matters.org

FIND
STEP-BY-STEP
PARENTAL
CONTROL
GUIDES HERE!

Net Aware

NSPCC

Altogether Better Policing
DURHAM
CYBER SAFETY

Contact us

For further cyber protect advice contact our team using the details below. We can provide further advice on parental controls as well as other cyber security concerns such as fraud, cybercrime and malware.

Cyber Prevent & Protect Team
Digital Investigations & Intelligence Unit
Durham Constabulary

Tel: 0191 3752969
Email: cyberprotect@durham.pnn.police.uk
@DurhamCyber Facebook | Twitter | Instagram