

- * Welcome
- * In the Spotlight: Children's Mental Health Week
- * Updates
- * Partnership Information
- * Get in touch

Welcome to our February 2024 Newsletter

In this newsletter we bring together information which we hope you will find useful and we highlight how the Partnership continues to communicate and keep in touch with all our agencies and provide guidance to support you in your role working with children and adults. In this edition, we bring you information in the spotlight about Children's Mental Health Week and also information about Partnership work, important safeguarding updates and new training dates.



Children's Mental Health Week is next week! Find out more about this year's theme inside...

Our new Darlington Safeguarding Partnership website is now live! The website has been updated and features easy to navigate pages with information on adult and child safeguarding.

In the Spotlight..... Children's Mental Health Week

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

5-11
FEB
2024

Help give a voice to children and young people across the UK in Children's Mental Health Week, from 5-11 February 2024.

Children's Mental Health Week is a mental health awareness week that empowers, equips and gives a voice to all children and young people in the UK.

Everyone can take part in Children's Mental Health Week! Download our free resources for schools and families and find out how you can take part to raise vital funds and awareness for children's mental health.

Children's Mental Health Week was launched in 2015 and each year, hundreds of schools, children, parents and carers take part. Now in its 10th year, our theme is 'My Voice Matters'. Watch the video on this year's theme [here](#).

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

When we feel empowered, this can have a positive impact on our wellbeing. Children and young people who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem. This year, we want children of all ages, backgrounds and abilities to be empowered to work together to create a positive change for their mental health and wellbeing.

During Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".

Top Tips from primary aged children on how to look after your own mental health as a child. [See here](#).

Me Learning for training session bookings

Many of you are now registered on our Me Learning platform and are already booking place on our range of training sessions, both delivered on Teams and also e-learning modules. For those of you who have not yet registered for your Me Learning account, please do so to avoid missing out on available sessions and training resources. To register for your account on Me Learning, please use the link below:

<https://app.melearning.co.uk/auth/validate-key?registerKey=CWGNJMFx>



Concerned about a child?

Contact the Children's Initial Advice Team
Professionals on **01325 406252**

Concerned about an adult?

Contact the Adult Contact Team
on **01325 406111**

The NSPCC has announced a new partnership with Common Sense Media to support online safety and understand the impact of artificial intelligence (AI) on children. The partnership aims to advocate for children, making sure their experiences and safety are central to decision-making by tech companies, regulators and policymakers; introduce education programmes to increase digital literacy skills in schools; and share a joint approach to research to help improve the global understanding of the impact of generative AI on children.

Read the news story here:

[New partnership as young people contact Childline about AI related sexual abuse, bullying and misinformation](#)



PARTNER SHIPS

Statutory Safeguarding Partners

Ann Baxter, Independent Chair/Scrutineer

James Stroyan, Group Director of People

Dave Ashton, Detective Chief Superintendent

Jean Golightly, Director of Nursing and Quality